



Results - USATF Adirondack Association Junior Olympic Track & Field Championships

6/20/09 - Johnstown, New York



2009 USATF National Junior Olympic Track & Field Championships
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Female Team Scores

Place	Team	Points
1	Delmar Track and Field Club	360
2	Averill Park Road Runners	330
3	Glencadia Bullets	124
4	Kingston TC	116
5	Country Mills Eagles	55
6	Wildcats Track Club NY	36
7	Helderberg Running Club	34

Male Team Scores

Place	Team	Points
1	Glencadia Bullets	357
2	Averill Park Road Runners	268
3	Delmar Track and Field Club	217
4	Country Mills Eagles	211
5	Kingston TC	141
6	Hudson Mohawk RR Club	58
7	Menands Track	22
8	Wildcats Track Club NY	18
9	Helderberg Running Club	16
10	Adirondack Athletic Club	10

100 Meter Dash Sub-Bantam Girls

Name	Year	Team	Finals	H#	Points
Finals					
1	Gardella, Hanna	00 Glencadia	17.92	1	10
2	Crawley, Emma	01 Averill Park	18.67	2	8
3	Zayas, Sabrina	01 Delmar Track	19.42	1	6
4	Powers, Grace	01 Averill Park	19.70	2	4
5	Sanders, Talia	02 Delmar Track	19.75	2	2
6	Foley, Kylar	02 Delmar Track	20.39	1	1
7	Wrenn, Merrill	01 Averill Park	20.73	2	
8	Slyer, Ruby	03 Averill Park	22.74	2	
9	Goodwin, Anna	02 Delmar Track	23.80	1	

200 Meter Dash Sub-Bantam Girls

Name	Year	Team	Finals	Points
1	Foley, Kylar	02 Delmar Track	43.14	10
2	Sanders, Talia	02 Delmar Track	44.00	
3	Wrenn, Merrill	01 Averill Park	46.68	6
4	Goodwin, Anna	02 Delmar Track	53.06	4
5	Wilson, Ekaterina	01 Delmar Track	53.22	2

400 Meter Dash Sub-Bantam Girls

Name	Year	Team	Finals	Points
1	Gardella, Hanna	00 Glencadia	1:28.27	10
2	Zayas, Sabrina	01 Delmar Track	1:34.58	8
3	Wilson, Ekaterina	01 Delmar Track	1:56.48	6

Long Jump Sub-Bantam Girls

Name	Year	Team	Finals	Points
1	Sanders, Talia	02 Delmar Track	2.35m	7-08.50 9
1	Zayas, Sabrina	01 Delmar Track	2.35m	7-08.50 9
3	Crawley, Emma	01 Averill Park	2.30m	7-06.50 6
4	Foley, Kylar	02 Delmar Track	2.08m	6-10.00 4
--	Powers, Grace	01 Averill Park	FOUL	

100 Meter Dash Bantam Girls

Name	Year	Team	Prelims	H#
Preliminaries				

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1 Meadows, Jada	99 03unattached	16.05q	2
2 De LaRosa, Cydney-Alexis	00 Delmar Track	16.15q	2
3 Kelly, Maeve	00 Delmar Track	17.54q	1
3 Sanders, Eliana	99 Delmar Track	17.54q	1
5 Goodwin, Ella	99 Delmar Track	17.76q	2
6 Conway, Emily	00 Averill Park	18.71q	1

100 Meter Dash Bantam Girls

Name	Year Team	Finals	Points
1 De LaRosa, Cydney-Alexis	00 Delmar Track	16.18	10
2 Meadows, Jada	99 03unattached	16.20	8
3 Sanders, Eliana	99 Delmar Track	17.58	6
4 Kelly, Maeve	00 Delmar Track	17.68	4
5 Goodwin, Ella	99 Delmar Track	17.81	2
6 Conway, Emily	00 Averill Park	19.07	1

200 Meter Dash Bantam Girls

Name	Year Team	Finals	H#	Points
1 Tesoriero, Molly	99 Averill Park	34.55	2	10
2 Keppler, Cassidy	99 Delmar Track	36.34	2	8
3 White, Cassidy	99 Averill Park	37.99	1	6
4 Goodwin, Ella	99 Delmar Track	38.39	2	4
5 Sanders, Eliana	99 Delmar Track	39.18	1	2
6 Kelly, Maeve	00 Delmar Track	39.51	1	1
7 LaFleur, Carla	99 Averill Park	41.82	1	
8 Ayer, Jenna	99 Glencadia	42.78	2	

400 Meter Dash Bantam Girls

Name	Year Team	Finals	H#	Points
1 Tesoriero, Molly	99 Averill Park	1:16.46	1	10
2 LaPlante, Emily	99 Averill Park	1:20.91	2	8
3 Haworth, Emily	99 Averill Park	1:30.11	2	6
4 Hallenbeck, Erin	99 Glencadia	1:31.38	2	4
5 Ayer, Jenna	99 Glencadia	1:31.39	1	2
6 Ball, Maggie	99 Delmar Track	1:32.22	2	1
7 Sakolish, Isabella	00 Glencadia	1:33.08	1	
8 LaFleur, Carla	99 Averill Park	1:35.49	1	
9 Qua, Jade	00 Averill Park	1:38.87	1	

800 Meter Run Bantam Girls

Name	Year Team	Finals	Points
1 Tesoriero, Molly	99 Averill Park	2:56.37	10
2 Ball, Maggie	99 Delmar Track	3:25.12	8
3 Conway, Emily	00 Averill Park	3:27.65	6
4 Buckley, Lily	99 Averill Park	3:35.40	4
5 Sakolish, Isabella	00 Glencadia	3:41.22	2
6 Werner, Riley	00 Glencadia	3:51.95	1

1500 Meter Run Bantam Girls

Name	Year Team	Finals	Points
1 Keppler, Cassidy	99 Delmar Track	6:49.26	10
2 Werner, Riley	00 Glencadia	7:24.86	8
3 Capuano, Priscilla	00 Averill Park	8:21.46	6

4x100 Meter Relay Bantam Girls

Team	Finals	Points
1 Glencadia Bullets 'A'	1:15.38	10
1) Hallenbeck, Erin 99		
2) Gardella, Hanna 00		
3) Sakolish, Isabella 00		
4) Ayer, Jenna 99		

4x400 Meter Relay Bantam Girls

Team	Finals	Points
1 Delmar Track and Field Club 'A'	6:07.96	10
1) Ball, Maggie 99		
2) Kelly, Maeve 00		
3) Keppler, Cassidy 99		
4) De LaRosa, Cydney-Alexis 00		

High Jump Bantam Girls

Name	Year Team	Finals	Points
1 LaPlante, Emily	99 Averill Park	1.10m	3-07.25 10
2 Hallenbeck, Erin	99 Glencadia	0.95m	3-01.25 8
3 Goodwin, Ella	99 Delmar Track	J0.95m	3-01.25 6
4 Haworth, Emily	99 Averill Park	J0.95m	3-01.25 4
5 Powers, Grace	01 Averill Park	0.80m	2-07.50 2
6 Crawley, Emma	01 Averill Park	0.75m	2-05.50 1
-- Wrenn, Merrill	01 Averill Park	NH	

Long Jump Bantam Girls

Name	Year	Team	Finals	Points
1 De LaRosa, Cydney-Alexis	00	Delmar Track	3.11m	10-02.50 10
2 Sanders, Eliana	99	Delmar Track	2.60m	8-06.50 8
3 White, Cassidy	99	Averill Park	2.57m	8-05.25 6
4 Buckley, Lily	99	Averill Park	2.42m	7-11.25 4
5 Werner, Riley	00	Glencadia	2.34m	7-08.25 2
6 Qua, Jade	00	Averill Park	2.29m	7-06.25 1
7 Conway, Emily	00	Averill Park	1.81m	5-11.25

Shot Put 6 lb. Bantam Girls

Name	Year	Team	Finals	Points
1 LaFleur, Carla	99	Averill Park	4.71m	15-05.50 10
2 Buckley, Lily	99	Averill Park	4.22m	13-10.25 8
3 Capuano, Priscilla	00	Averill Park	2.70m	8-10.25 6
4 Slyer, Ruby	03	Averill Park	2.60m	8-06.50 4

Javelin Throw 300g Bantam Girls

Name	Year	Team	Finals	Points
1 Qua, Jade	00	Averill Park	10.45m	34-03 10
2 Wilson, Ekaterina	01	Delmar Track	7.33m	24-00 8
3 Goodwin, Anna	02	Delmar Track	5.53m	18-02 6
4 Slyer, Ruby	03	Averill Park	4.77m	15-08 4
5 Capuano, Priscilla	00	Averill Park	4.55m	14-11 2

100 Meter Dash Midget Girls

Name	Year	Team	Prelims	H#
Preliminaries				
1 Vink, Monica	97	Delmar Track	15.96q	1
2 Ehring, Madison	98	Delmar Track	16.02q	2
3 Nugent, Fiona	97	Delmar Track	16.45q	1
4 Nichols, Alyssa	97	Helderberg R	16.68q	1
5 Kirby, Megan	98	Glencadia	16.76q	2
6 Jones, Ashlee	98	Wildcats	16.81q	1
7 Murphy, Emily	97	Delmar Track	16.93	1
8 Roesch, Lucy	98	Delmar Track	17.00	3
9 Vrsalovic, Amanda	97	Averill Park	17.03	3
10 Sivaslian, Nina	97	Averill Park	17.91	1
11 Fitz, Emily	98	Delmar Track	17.98	2
12 McInerney, Kristin	98	Averill Park	18.03	3
13 Hooper, Jillian	98	Delmar Track	19.00	2
14 Mills, Ashley	98	03unattached	21.31	2

100 Meter Dash Midget Girls

Name	Year	Team	Finals	Points
Finals				
1 Ehring, Madison	98	Delmar Track	15.40	10
2 Nugent, Fiona	97	Delmar Track	16.24	8
3 Vink, Monica	97	Delmar Track	16.28	6
4 Nichols, Alyssa	97	Helderberg R	16.38	4
5 Jones, Ashlee	98	Wildcats	16.43	2
6 Kirby, Megan	98	Glencadia	16.48	1

200 Meter Dash Midget Girls

Name	Year	Team	Finals	H#	Points
1 Thomas-Johnston, Nastasj	97	Averill Park	28.41	2	10
2 Sanders, Gabriela	97	Delmar Track	34.01	1	8
3 Nichols, Alyssa	97	Helderberg R	35.24	1	6
4 Toth, Kathryn	98	Averill Park	35.96	2	4
5 Vrsalovic, Amanda	97	Averill Park	36.73	1	2
6 Hogan, Kara	97	Delmar Track	37.26	1	1
7 Andres, Maddie	98	Delmar Track	37.32	2	
8 Slyer, Caroline	98	Averill Park	37.63	1	
9 Sivaslian, Nina	97	Averill Park	38.82	2	
10 Taft, Jessica	98	Glencadia	40.72	2	

400 Meter Dash Midget Girls

Name	Year	Team	Finals	H#	Points
1 Mack, Brittney	97	Averill Park	1:13.02	2	10
2 Hallenbeck, Nicole	97	Glencadia	1:13.89	1	8
3 Sanders, Gabriela	97	Delmar Track	1:15.04	2	6
4 Reilly, Adele	97	Helderberg R	1:22.40	1	4
5 Toth, Kathryn	98	Averill Park	1:23.49	2	2
6 Nugent, Julia	97	Delmar Track	1:23.50	1	1
7 Machabee, Hollister	98	Delmar Track	1:24.04	1	
8 Slyer, Caroline	98	Averill Park	1:28.89	2	
9 McInerney, Kristin	98	Averill Park	1:31.17	2	
10 Quackenbush, Emily	98	Delmar Track	1:35.59	1	

800 Meter Run Midget Girls

Name	Year Team	Finals	Points
1 Foley, Shea	97 Delmar Track	2:55.13	10
2 Mack, Brittney	97 Averill Park	3:07.83	8
3 Kirby, Megan	98 Glencadia	3:36.07	6
4 Taft, Jessica	98 Glencadia	3:44.02	4

1500 Meter Run Midget Girls

Name	Year Team	Finals	Points
1 Reilly, Adele	97 Helderberg R	6:38.73	10
2 Walsh, Kerry	98 Delmar Track	6:59.66	8

3000 Meter Run Midget Girls

Name	Year Team	Finals	Points
1 Foley, Shea	97 Delmar Track	12:12.86	10
2 Walsh, Gwendolyn	97 Delmar Track	15:29.87	8

80 Meter Hurdles Midget Girls

Name	Year Team	Finals	H#	Points
1 Smith, Grace	97 Delmar Track	17.92	2	10
2 Nugent, Fiona	97 Delmar Track	17.99	2	8
3 Nugent, Julia	97 Delmar Track	18.22	1	6
4 Vink, Monica	97 Delmar Track	18.27	1	4
5 Murphy, Emily	97 Delmar Track	18.34	2	2
6 Andres, Maddie	98 Delmar Track	19.63	1	1
7 Brozek, Jessica	98 Delmar Track	20.40	1	

4x100 Meter Relay Midget Girls

Team	Finals	Points
1 Delmar Track and Field Club 'A'	1:12.82	10
1) Andres, Maddie 98	2) Hogan, Kara 97	
3) Hooper, Jillian 98	4) Fitz, Emily 98	

4x400 Meter Relay Midget Girls

Team	Finals	Points
1 Delmar Track and Field Club 'A'	5:36.09	10
1) Machabee, Hollister 98	2) Murphy, Emily 97	
3) Sanders, Gabriela 97	4) Vink, Monica 97	

4x800 Meter Relay Midget Girls

Team	Finals	Points
1 Delmar Track and Field Club 'A'	13:39.56	10
1) Foley, Shea 97	2) Ehring, Madison 98	
3) Walsh, Gwendolyn 97	4) Quackenbush, Emily 98	

High Jump Midget Girls

Name	Year Team	Finals	Points
1 Hallenbeck, Nicole	97 Glencadia	1.28m	4-02.25 10
2 Smith, Grace	97 Delmar Track	1.25m	4-01.25 8
3 Ehring, Madison	98 Delmar Track	1.20m	3-11.25 6
4 Jones, Ashlee	98 Wildcats	1.10m	3-07.25 4
5 Mack, Brittney	97 Averill Park	J1.10m	3-07.25 2
6 Quackenbush, Emily	98 Delmar Track	1.00m	3-03.25 1
7 Brozek, Jessica	98 Delmar Track	0.90m	2-11.50

Long Jump Midget Girls

Name	Year Team	Finals	Points
1 Thomas-Johnston, Nastasj	97 Averill Park	4.45m	14-07.25 10
2 Smith, Grace	97 Delmar Track	3.57m	11-08.50 8
3 Toth, Kathryn	98 Averill Park	3.50m	11-05.75 6
4 Slyer, Caroline	98 Averill Park	3.29m	10-09.50 4
5 Kirby, Megan	98 Glencadia	3.13m	10-03.25 2
6 Sivaslian, Nina	97 Averill Park	2.94m	9-07.75 1
7 McInerney, Kristin	98 Averill Park	2.67m	8-09.25
8 Vrsalovic, Amanda	97 Averill Park	2.55m	8-04.50
9 Roesch, Lucy	98 Delmar Track	2.53m	8-03.75
10 Hogan, Kara	97 Delmar Track	2.43m	7-11.75
11 Hooper, Jillian	98 Delmar Track	2.19m	7-02.25
12 Fitz, Emily	98 Delmar Track	2.05m	6-08.75

Javelin Throw 300g Midget Girls

Name	Year Team	Finals	Points
1 Machabee, Hollister	98 Delmar Track	16.73m	54-11 10

100 Meter Dash Youth Girls

Name	Year	Team	Finals	Points
1 Daniel, Martha	95	Kingston TC	13.89	10
2 Owens, Kayla	96	03unattached	13.91	8
3 Blackwood, Paradyse	96	Kingston TC	14.79	6
4 Phillips, Emily	96	Glencadia	15.52	4
5 Lovely, Val	96	03unattached	15.54	2

200 Meter Dash Youth Girls

Name	Year	Team	Finals	Points
1 Steenburn, Amara	96	Glencadia	30.85	10
2 Holland, Allyson	96	Averill Park	32.17	8
3 Phillips, Emily	96	Glencadia	32.81	6
4 Lovely, Val	96	03unattached	33.77	4
5 McMillen, Jessica	96	Averill Park	36.42	2
6 Brozek, Erin	95	Delmar Track	39.10	1

400 Meter Dash Youth Girls

Name	Year	Team	Finals	Points
1 Steenburn, Amara	96	Glencadia	1:10.22	10
2 Holland, Allyson	96	Averill Park	1:12.60	8
3 Phillips, Emily	96	Glencadia	1:17.48	6
4 McMillen, Jessica	96	Averill Park	1:22.37	4
5 Beaudette, Rebecca	96	Averill Park	1:33.67	2

800 Meter Run Youth Girls

Name	Year	Team	Finals	Points
1 Ryan, Mary	96	Wildcats	2:45.47	10
2 Slyer, Julia	96	Averill Park	2:48.43	8
3 Levine, Karina	95	Kingston TC	3:08.06	6
4 Relyea, Alexandria	96	Helderberg R	3:23.92	4

1500 Meter Run Youth Girls

Name	Year	Team	Finals	Points
1 Ryan, Mary	96	Wildcats	5:54.85	10
2 deVries, Mary	96	Delmar Track	6:23.38	8
3 Relyea, Alexandria	96	Helderberg R	6:26.76	6
4 Kolakowski, Julianna	96	Averill Park	6:36.58	4
5 Beaudette, Rebecca	96	Averill Park	7:27.00	2

3000 Meter Run Youth Girls

Name	Year	Team	Finals	Points
1 Slyer, Julia	96	Averill Park	12:09.46	10
2 deVries, Mary	96	Delmar Track	13:32.10	8

100 Meter Hurdles Youth Girls

Name	Year	Team	Finals	Points
1 Maxwell, Lilianna	96	Delmar Track	20.38	10

4x800 Meter Relay Youth Girls

Team	Finals	Points
1 Averill Park Road Runners 'A' 1) Holland, Allyson 96 2) Holland, Maria 95 3) Kolakowski, Julianna 96 4) Slyer, Julia 96	12:00.37	10

High Jump Youth Girls

Name	Year	Team	Finals	Points
1 Ryan, Mary	96	Wildcats	1.30m	4-03.25 10
2 Maxwell, Lilianna	96	Delmar Track	1.15m	3-09.25 8
3 Brozek, Erin	95	Delmar Track	1.10m	3-07.25 6
4 Slyer, Julia	96	Averill Park	1.00m	3-03.25 4

Long Jump Youth Girls

Name	Year	Team	Finals	Points
1 Daniel, Martha	95	Kingston TC	4.24m	13-11.00 10
2 Owens, Kayla	96	03unattached	3.95m	12-11.50 8
3 Willsey, Jacqueline-Ann	95	03unattached	3.82m	12-06.50 6
4 Holland, Maria	95	Averill Park	3.53m	11-07.00 4
5 Levine, Karina	95	Kingston TC	3.52m	11-06.75 2
6 Blackwood, Paradyse	96	Kingston TC	3.09m	10-01.75 1

Triple Jump Youth Girls

Name	Year	Team	Finals	Points
1 Willsey, Jacqueline-Ann	95	03unattached	8.45m	27-08.75 10
2 Holland, Maria	95	Averill Park	7.65m	25-01.25 8

Shot Put 6 lb. Youth Girls

Name	Year	Team	Finals	Points
1 Owens, Kayla	96	03unattached	8.31m	27-03.25 10
2 Foote, Elisabeth	95	Averill Park	5.52m	18-01.50 8
3 Beaudette, Rebecca	96	Averill Park	4.34m	14-03.00 6

Discus Throw 1kg Youth Girls

Name	Year	Team	Finals	Points
1 Willsey, Jacqueline-Ann	95	03unattached	18.09m	59-04 10
2 Foote, Elisabeth	95	Averill Park	14.45m	47-05 8

Javelin Throw 600g Youth Girls

Name	Year	Team	Finals	Points
1 McMillen, Jessica	96	Averill Park	12.15m	39-10 10
2 Foote, Elisabeth	95	Averill Park	9.68m	31-09 8

100 Meter Dash Intermediate Girls

Name	Year	Team	Finals	Points
1 Richardson, Courtnee	93	Country Mill	12.72	10
2 Gottstine, Kristen	93	Kingston TC	13.59	8

200 Meter Dash Intermediate Girls

Name	Year	Team	Finals	Points
1 Richardson, Courtnee	93	Country Mill	46.25	10
2 Gottstine, Kristen	93	Kingston TC	47.33	8

800 Meter Run Intermediate Girls

Name	Year	Team	Finals	Points
1 Lenzi, Shannon	94	Country Mill	2:39.86	10
2 Akins, Rebecca	93	Kingston TC	2:46.89	8

100 Meter Hurdles Intermediate Girls

Name	Year	Team	Finals	Points
1 Broz, Alexis	93	03unattached	17.43	10
2 Ellsworth, Cassandra	94	Kingston TC	18.46	7
2 Lenzi, Shannon	94	Country Mill	18.46	7

400 Meter Hurdles Intermediate Girls

Name	Year	Team	Finals	Points
1 Broz, Alexis	93	03unattached	1:08.77	10
2 Lenzi, Shannon	94	Country Mill	1:14.51	8

High Jump Intermediate Girls

Name	Year	Team	Finals	Points
1 Broz, Alexis	93	03unattached	1.65m	5-05.00 10

Pole Vault Intermediate Girls

Name	Year	Team	Finals	Points
1 Cifonelli, Sarah	93	03unattached	2.45m	8-00.50 10

Long Jump Intermediate Girls

Name	Year	Team	Finals	Points
1 Broz, Alexis	93	03unattached	4.58m	15-00.50 10
2 Ellsworth, Cassandra	94	Kingston TC	3.77m	12-04.50 8

Shot Put 4kg Intermediate Girls

Name	Year	Team	Finals	Points
1 Lenzi, Shannon	94	Country Mill	7.79m	25-06.75 10
2 Ellsworth, Cassandra	94	Kingston TC	7.65m	25-01.25 8

400 Meter Dash Young Women

Name	Year	Team	Finals	Points
1 Moeller, Caitlin	92	Kingston TC	1:05.91	10

800 Meter Run Young Women

Name	Year	Team	Finals	Points
1 Williams, Chloe	91	03unattached	2:37.77	10
2 Reagan, Carlana	92	Kingston TC	2:37.87	8

1500 Meter Run Young Women

Name	Year	Team	Finals	Points
1 Williams, Chloe	91	03unattached	5:25.66	10
2 Reagan, Carlana	92	Kingston TC	5:26.95	8

400 Meter Hurdles Young Women

Name	Year	Team	Finals	Points
1 Kunst, Kailee	90	03unattached	1:13.01	10
2 Moeller, Caitlin	92	Kingston TC	1:15.76	8

Pole Vault Young Women

Name	Year	Team	Finals	Points
1 Benfey, Kelly	92	03unattached	3.35m	10-11.75 10
2 Kunst, Kailee	90	03unattached	3.20m	10-06.00 8

100 Meter Dash Sub-Bantam Boys

Name	Year	Team	Finals	Points
1 Shoemaker, Cameron	02	Averill Park	20.57	10
2 Whiting, Owen	02	Delmar Track	22.69	8

200 Meter Dash Sub-Bantam Boys

Name	Year	Team	Finals	Points
1 Mills, Sebastian	01	03unattached	44.92	10
2 Buckley, Joseph	02	Averill Park	45.03	8
3 Hilliard, Jasper	01	Delmar Track	45.99	6

400 Meter Dash Sub-Bantam Boys

Name	Year	Team	Finals	Points
1 Buckley, Joseph	02	Averill Park	1:52.15	10

800 Meter Run Sub-Bantam Boys

Name	Year	Team	Finals	Points
1 Vrsalovic, Keagen	01	Averill Park	3:23.15	10

1500 Meter Run Sub-Bantam Boys

Name	Year	Team	Finals	Points
1 Vrsalovic, Keagen	01	Averill Park	6:33.60	10

Long Jump Sub-Bantam Boys

Name	Year	Team	Finals	Points
1 Conway, Zephan	01	Delmar Track	2.50m	8-02.50 10
2 Shoemaker, Cameron	02	Averill Park	2.15m	7-00.75 8
3 Vrsalovic, Keagen	01	Averill Park	1.96m	6-05.25 6
4 Ball, Jimmy	03	Delmar Track	1.42m	4-08.00 4
-- Hilliard, Jasper	01	Delmar Track	FOUL	

100 Meter Dash Bantam Boys

Name	Year	Team	Prelims	H#
Preliminaries				
1 Gellert, Jacob	99	Glencadia	15.68q	1
2 Valliere, Austin	99	Glencadia	15.72q	2
3 Francis, Christian	00	Delmar Track	16.03q	2
4 Wheeler, Sean	00	Averill Park	16.68q	1
5 Gardella, Eric	99	Glencadia	17.56q	2
6 Dennis, Michael	99	Glencadia	17.59q	1
7 Murray, Daniel	00	Delmar Track	18.20	2

100 Meter Dash Bantam Boys

Name	Year	Team	Finals	Points
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Finals					
Name	Year	Team	Finals	Points	
1 Gellert, Jacob	99	Glencadia	15.50	10	
2 Valliere, Austin	99	Glencadia	15.85	8	
3 Francis, Christian	00	Delmar Track	16.52	6	
4 Wheeler, Sean	00	Averill Park	16.56	4	
5 Gardella, Eric	99	Glencadia	17.52	2	
6 Dennis, Michael	99	Glencadia	17.89	1	
200 Meter Dash Bantam Boys					
Name	Year	Team	Finals	Points	
1 Valliere, Austin	99	Glencadia	33.48	10	
2 Francis, Christian	00	Delmar Track	37.24	8	
3 Murray, Daniel	00	Delmar Track	40.66	6	
400 Meter Dash Bantam Boys					
Name	Year	Team	Finals	Points	
1 Gellert, Jacob	99	Glencadia	1:16.16	10	
2 Wheeler, Sean	00	Averill Park	1:23.99	8	
3 Gardella, Eric	99	Glencadia	1:34.16	6	
4 Rexhouse, Maxwell	99	Glencadia	1:43.88	4	
800 Meter Run Bantam Boys					
Name	Year	Team	Finals	Points	
1 Hotaling, Daniel	99	Glencadia	3:09.30	10	
2 Kowalski, Bray	00	Glencadia	3:17.75	8	
1500 Meter Run Bantam Boys					
Name	Year	Team	Finals	Points	
1 Hotaling, Daniel	99	Glencadia	6:11.86	10	
4x400 Meter Relay Bantam Boys					
Team	Finals	Points			
1 Glencadia Bullets 'A'	5:31.62	10			
1) Kowalski, Bray 00	2) Gellert, Jacob 99				
3) Hotaling, Daniel 99	4) Valliere, Austin 99				
High Jump Bantam Boys					
Name	Year	Team	Finals	Points	
1 Murray, Daniel	00	Delmar Track	1.00m	3-03.25	10
2 Quackenbush, William	00	Delmar Track	0.75m	2-05.50	8
-- Whiting, Owen	02	Delmar Track	NH		
Long Jump Bantam Boys					
Name	Year	Team	Finals	Points	
1 Francis, Christian	00	Delmar Track	2.87m	9-05.00	10
2 Wheeler, Sean	00	Averill Park	2.72m	8-11.25	8
3 Quackenbush, William	00	Delmar Track	1.71m	5-07.50	6
Shot Put 6 lb. Bantam Boys					
Name	Year	Team	Finals	Points	
1 Rexhouse, Maxwell	99	Glencadia	5.42m	17-09.50	10
2 Buckley, Joseph	02	Averill Park	3.14m	10-03.75	8
Javelin Throw 300g Bantam Boys					
Name	Year	Team	Finals	Points	
1 Kowalski, Bray	00	Glencadia	22.54m	73-11	10
2 Rexhouse, Maxwell	99	Glencadia	16.59m	54-05	8
3 Shoemaker, Cameron	02	Averill Park	15.62m	51-03	6
4 Dennis, Michael	99	Glencadia	14.29m	46-10	4
5 Quackenbush, William	00	Delmar Track	9.63m	31-07	2
6 Ball, Jimmy	03	Delmar Track	7.80m	25-07	1
7 Hilliard, Jasper	01	Delmar Track	7.00m	22-11	
8 Whiting, Owen	02	Delmar Track	4.44m	14-07	
100 Meter Dash Midget Boys					
Name	Year	Team	Prelims	H#	
Preliminaries					
1 Lewis, Carlos	97	03unattached	15.15q	1	
2 Leonard, Austin	98	Glencadia	15.46q	2	
3 Connelly, Germaine	97	Country Mill	15.61q	1	
4 Hayes, Brian	98	Menands Trac	16.19q	2	
5 Maloney, Andrew	97	Helderberg R	16.68q	2	

6 Liebert, Nathan	98 Delmar Track	16.85q	2
7 Glanton, Andrew	97 Averill Park	17.44	1
8 Murphy, John	98 Delmar Track	17.82	2
9 Morrison, Grady	98 Averill Park	18.04	1
10 Wheeler, Randy	98 Averill Park	18.69	1

100 Meter Dash Midget Boys

Name	Year Team	Finals	Points
Finals			
1 Leonard, Austin	98 Glencadia	15.27	10
2 Connelly, Germaine	97 Country Mill	15.42	8
3 Hayes, Brian	98 Menands Trac	15.81	6
4 Maloney, Andrew	97 Helderberg R	16.77	4
5 Lewis, Carlos	97 03unattached	16.80	2
6 Liebert, Nathan	98 Delmar Track	17.15	1

200 Meter Dash Midget Boys

Name	Year Team	Finals	H#	Points
1 Connelly, Germaine	97 Country Mill	33.04	1	10
2 Naegeli, Stephen	97 Glencadia	33.59	2	8
3 Glanton, Andrew	97 Averill Park	36.13	2	6
4 Rothwein, Donald	98 Glencadia	37.48	2	4
5 Buckley, Ray	97 Averill Park	41.83	1	2

400 Meter Dash Midget Boys

Name	Year Team	Finals	Points
1 Rogers, Patrick	97 Averill Park	1:17.42	10
2 Harrington, Sean	98 Averill Park	1:20.70	8
3 Rothwein, Donald	98 Glencadia	1:22.42	6

800 Meter Run Midget Boys

Name	Year Team	Finals	Points
1 Werner, Chase	98 Glencadia	2:51.99	10
2 Leonard, Austin	98 Glencadia	2:54.45	8
3 Comer, Maxwell	97 Country Mill	2:55.19	6
4 Rogers, Patrick	97 Averill Park	2:58.58	4

1500 Meter Run Midget Boys

Name	Year Team	Finals	Points
1 Werner, Chase	98 Glencadia	5:44.60	10
2 Gibney, Samuel	97 Delmar Track	6:51.66	8
3 Capuano, Paul	98 Averill Park	8:19.00	6

3000 Meter Run Midget Boys

Name	Year Team	Finals	Points
1 Gillich, Robert	97 Country Mill	12:20.48	10
2 Gibney, Samuel	97 Delmar Track	14:04.66	8

80 Meter Hurdles Midget Boys

Name	Year Team	Finals	Points
1 Naegeli, Stephen	97 Glencadia	16.84	10
2 Comer, Maxwell	97 Country Mill	16.98	8
3 Gillich, Robert	97 Country Mill	17.72	6
4 Liebert, Nathan	98 Delmar Track	18.68	4

4x100 Meter Relay Midget Boys

Team	Finals	Points
1 Glencadia Bullets 'A'	1:05.81	10
1) Leonard, Austin 98	2) Rothwein, Donald 98	
3) Naegeli, Stephen 97	4) Werner, Chase 98	

High Jump Midget Boys

Name	Year Team	Finals	Points
1 Gillich, Robert	97 Country Mill	1.33m	4-04.25 10
2 Comer, Maxwell	97 Country Mill	1.25m	4-01.25 8
3 Maloney, Andrew	97 Helderberg R	1.10m	3-07.25 6

Long Jump Midget Boys

Name	Year Team	Finals	Points
1 Hayes, Brian	98 Menands Trac	3.86m	12-08.00 10
2 Connelly, Germaine	97 Country Mill	3.65m	11-11.75 8
3 Maloney, Andrew	97 Helderberg R	3.43m	11-03.00 6

4 Liebert, Nathan	98 Delmar Track	3.14m	10-03.75	4
5 Murphy, John	98 Delmar Track	2.64m	8-08.00	2
6 Wheeler, Randy	98 Averill Park	2.40m	7-10.50	1

Shot Put 6 lb. Midget Boys

Name	Year Team	Finals	Points
1 Daly, David	97 Glencadia	9.01m 29-06.75	10
2 Daly, Sean	98 Glencadia	8.23m 27-00.00	8
3 Hayes, Brian	98 Menands Trac	8.20m 26-11.00	6
4 Cross, Brandon	98 Glencadia	7.36m 24-01.75	4
5 Buckley, Ray	97 Averill Park	7.13m 23-04.75	2
6 Harrington, Sean	98 Averill Park	6.61m 21-08.25	1
7 Capuano, Paul	98 Averill Park	5.57m 18-03.25	
8 Morrison, Grady	98 Averill Park	5.06m 16-07.25	
9 Wheeler, Randy	98 Averill Park	4.49m 14-08.75	

Discus Throw 1kg Midget Boys

Name	Year Team	Finals	Points
1 Daly, David	97 Glencadia	18.91m 62-00	10
2 Daly, Sean	98 Glencadia	15.52m 50-11	8

Javelin Throw 300g Midget Boys

Name	Year Team	Finals	Points
1 Cross, Brandon	98 Glencadia	24.34m 79-10	10
2 Harrington, Sean	98 Averill Park	21.83m 71-07	8
3 Daly, David	97 Glencadia	20.51m 67-03	6
4 Morrison, Grady	98 Averill Park	20.05m 65-09	4
5 Daly, Sean	98 Glencadia	18.94m 62-02	2
6 Murphy, John	98 Delmar Track	12.57m 41-03	1
7 Capuano, Paul	98 Averill Park	10.88m 35-08	

100 Meter Dash Youth Boys

Name	Year Team	Finals	Points
1 Kirkley, Naveion	96 03unattached	13.90	10
2 Vite, Jack	96 Country Mill	14.30	8
3 Foote, Jedidiah	95 Averill Park	14.66	6
4 Glanton, Nathan	96 Averill Park	15.26	4
5 Fitz, Eddie	96 Delmar Track	17.06	2

200 Meter Dash Youth Boys

Name	Year Team	Finals	Points
1 Kirkley, Naveion	96 03unattached	28.53	10
2 Vite, Jack	96 Country Mill	29.67	8
3 Foote, Jedidiah	95 Averill Park	32.40	6
4 Glanton, Nathan	96 Averill Park	33.19	4
5 Mills, Jonathan	96 03unattached	42.16	2

400 Meter Dash Youth Boys

Name	Year Team	Finals	Points
1 Willis, Devon	96 03unattached	1:05.38	10
2 Vite, Jack	96 Country Mill	1:07.76	8
3 Glanton, Nathan	96 Averill Park	1:13.36	6

800 Meter Run Youth Boys

Name	Year Team	Finals	Points
1 Lange, Matthew	95 Hmrrc	2:16.97	10
2 Weykamp, Ian	95 03unattached	2:17.70	8
3 Ryan, Mitchell	95 Country Mill	2:32.51	6
4 Briggs, Walter	96 Kingston TC	2:36.56	4
5 Quackenbush, Thomas	96 Delmar Track	2:59.23	2

1500 Meter Run Youth Boys

Name	Year Team	Finals	Points
1 Mellon, Caleb	95 Adirondack A	4:32.69	10
2 Lange, Matthew	95 Hmrrc	4:47.34	8
3 Pantalone, Jordan	95 Hmrrc	4:51.27	6
4 Wightman, Ross	95 03unattached	4:55.26	4
5 Ryan, Mitchell	95 Country Mill	4:56.82	2
6 Briggs, Walter	96 Kingston TC	5:05.06	1
7 Lange, Jason	95 Hmrrc	5:05.08	
8 Foote, Jedidiah	95 Averill Park	5:37.86	
9 Quackenbush, Thomas	96 Delmar Track	5:43.51	
10 Hooper, Philip	96 Delmar Track	6:25.20	
11 Chaplin, Ben	96 Delmar Track	6:43.92	
12 Martin, Richard	96 Glencadia	7:01.89	

3000 Meter Run Youth Boys

Name	Year	Team	Finals	Points
1 Lange, Matthew	95	Hmrrc	10:21.77	10
2 Pantalone, Jordan	95	Hmrrc	10:35.57	8
3 Lange, Jason	95	Hmrrc	10:48.26	6
4 Machabee, Keith	96	Delmar Track	12:20.34	4
5 Chaplin, Ben	96	Delmar Track	14:04.63	2

100 Meter Hurdles Youth Boys

Name	Year	Team	Finals	Points
1 Weykamp, Ian	95	03unattached	15.35	10
2 Willis, Devon	96	03unattached	18.76	8

200 Meter Hurdles Youth Boys

Name	Year	Team	Finals	Points
1 Weykamp, Ian	95	03unattached	27.12	10
2 Hinds, Randy	95	Kingston TC	28.34	8
3 Machabee, Keith	96	Delmar Track	37.68	6

4x800 Meter Relay Youth Boys

Team	Finals	Points
1 Delmar Track and Field Club 'A'	12:29.15	10
1) Quackenbush, Thomas 96	2) Machabee, Keith 96	
3) Chaplin, Ben 96	4) Hooper, Philip 96	

High Jump Youth Boys

Name	Year	Team	Finals	Points
1 Luzinas, Tyler	95	Averill Park	1.50m	4-11.00 10
2 Glanton, Nathan	96	Averill Park	1.15m	3-09.25 8

Long Jump Youth Boys

Name	Year	Team	Finals	Points
1 Kirkley, Naveion	96	03unattached	5.01m	16-05.25 10
2 Machabee, Keith	96	Delmar Track	3.69m	12-01.25 8
3 Hooper, Philip	96	Delmar Track	3.46m	11-04.25 6
4 Fitz, Eddie	96	Delmar Track	2.94m	9-07.75 4

Triple Jump Youth Boys

Name	Year	Team	Finals	Points
1 Willis, Devon	96	03unattached	8.88m	29-01.75 10
2 Hooper, Philip	96	Delmar Track	7.92m	26-00.00 8

Shot Put 4kg Youth Boys

Name	Year	Team	Finals	Points
1 Hinds, Randy	95	Kingston TC	12.61m	41-04.50 10
2 Howes, Peter	95	03unattached	10.86m	35-07.75 8
3 Chardavoynne, Justin	96	Delmar Track	7.07m	23-02.50 6
4 Gibney, William	96	Delmar Track	6.30m	20-08.00 4

Discus Throw 1kg Youth Boys

Name	Year	Team	Finals	Points
1 Hinds, Randy	95	Kingston TC	35.91m	117-10 10
2 Howes, Peter	95	03unattached	29.95m	98-03 8
3 Luzinas, Tyler	95	Averill Park	27.05m	88-09 6
4 Chardavoynne, Justin	96	Delmar Track	21.13m	69-04 4
5 Gibney, William	96	Delmar Track	17.22m	56-06 2

Javelin Throw 600g Youth Boys

Name	Year	Team	Finals	Points
1 Luzinas, Tyler	95	Averill Park	34.59m	113-06 10
2 Quinby, Jonathan	95	Glencadia	28.80m	94-06 8
3 Chardavoynne, Justin	96	Delmar Track	22.98m	75-05 6
4 Gibney, William	96	Delmar Track	19.01m	62-04 4
5 Fitz, Eddie	96	Delmar Track	14.94m	49-00 2

100 Meter Dash Intermediate Boys

Name	Year	Team	Finals	Points
1 White, James	93	03unattached	11.97	10
2 Cooke, Ian	94	Glencadia	12.19	8
3 Kranick, Joseph	93	03unattached	12.47	6
4 Connelly, Christopher	94	Country Mill	13.16	4
5 Flach, Zachary	94	Delmar Track	13.48	2

200 Meter Dash Intermediate Boys

Name	Year	Team	Finals	Points
1 Cooke, Ian	94	Glencadia	24.53	10
2 White, James	93	03unattached	24.69	8
3 Connelly, Christopher	94	Country Mill	27.54	6

400 Meter Dash Intermediate Boys

Name	Year	Team	Finals	Points
1 Cooke, Ian	94	Glencadia	58.40	10
2 Cacciatore, Walker	93	Glencadia	1:00.96	8
3 Flach, Zachary	94	Delmar Track	1:03.52	6
4 Connelly, Christopher	94	Country Mill	1:05.74	4

800 Meter Run Intermediate Boys

Name	Year	Team	Finals	Points
1 DeLago, Christian	93	03unattached	2:08.90	10
2 Cahill, Pat	94	Kingston TC	2:13.61	8
3 Williams, Jonah	94	03unattached	2:21.60	6

1500 Meter Run Intermediate Boys

Name	Year	Team	Finals	Points
1 DeLago, Christian	93	03unattached	4:34.92	10
2 Williams, Jonah	94	03unattached	4:46.31	8
3 Stall, Aaron	94	Averill Park	4:47.55	6
4 Diaz, Pedro	93	Kingston TC	4:53.08	4
5 Pellnat, Avery	93	Glencadia	4:58.26	2

3000 Meter Run Intermediate Boys

Name	Year	Team	Finals	Points
1 Stall, Aaron	94	Averill Park	10:40.98	10
2 Pellnat, Avery	93	Glencadia	10:57.33	8

110 Meter Hurdles Intermediate Boys

Name	Year	Team	Finals	Points
1 Avossa, Nick	93	Kingston TC	16.25	10
2 Jones, Christopher	93	Wildcats	17.00	8

2000 Meter Steeplechase Intermediate Boys

Name	Year	Team	Finals	Points
1 Hickey, Brian	94	03unattached	7:26.12	10
2 Cacciatore, Walker	93	Glencadia	8:36.30	8

High Jump Intermediate Boys

Name	Year	Team	Finals	Points
1 Jones, Christopher	93	Wildcats	1.86m	6-01.25 10
2 Kranick, Joseph	93	03unattached	1.65m	5-05.00 8

Pole Vault Intermediate Boys

Name	Year	Team	Finals	Points
1 Ten Eyck, Connor	93	03unattached	3.40m	11-01.75 10
2 Greagan, Daniel	93	03unattached	3.25m	10-08.00 8
3 Gutierrez, Rogger	94	Kingston TC	2.20m	7-02.50 6

Long Jump Intermediate Boys

Name	Year	Team	Finals	Points
1 Kranick, Joseph	93	03unattached	5.12m	16-09.75 10
2 Flach, Zachary	94	Delmar Track	5.08m	16-08.00 8

Triple Jump Intermediate Boys

Name	Year	Team	Finals	Points
1 Connelly, Christopher	94	Country Mill	9.77m	32-00.75 10

Shot Put 12 lb. Intermediate Boys

Name	Year	Team	Finals	Points
1 Winkler, Rudy	94	Averill Park	12.38m	40-07.50 10

Discus Throw 1.6kg Intermediate Boys

Name	Year	Team	Finals	Points
1 Winkler, Rudy	94	Averill Park	38.97m	127-10 10
2 Pellnat, Avery	93	Glencadia	27.88m	91-06 8

Javelin Throw 800g Intermediate Boys

Name	Year	Team	Finals	Points
1 McMillen, Taylor	93	Averill Park	41.48m	136-01 10
2 Flach, Zachary	94	Delmar Track	30.75m	100-11 8

100 Meter Dash Young Men

Name	Year	Team	Finals	Points
1 Holzhauser, Timothy	91	Country Mill	11.43	10
2 Beck, Andrew	92	03unattached	11.82	8
3 O'Farrill, Pedro	92	Kingston TC	11.94	6
4 Strait, Mathieu	90	03unattached	12.21	4
5 Mills, Brandon	90	Country Mill	12.72	2
6 Berberich, Ethan	91	Country Mill	12.75	1

200 Meter Dash Young Men

Name	Year	Team	Finals	Points
1 Holzhauser, Timothy	91	Country Mill	23.14	10
2 Thomas, Tracy	91	03unattached	27.59	8

400 Meter Dash Young Men

Name	Year	Team	Finals	Points
1 Holzhauser, Timothy	91	Country Mill	51.94	10
2 Gallagher, Steve	92	Kingston TC	57.01	8
3 Hite, Aidan	92	Kingston TC	57.03	6
4 Boughton, Kerry	91	Kingston TC	58.64	4

800 Meter Run Young Men

Name	Year	Team	Finals	Points
1 Aziz, Jonathan	91	03unattached	2:01.94	10
2 Grandeau, Ryan	92	03unattached	2:02.79	8
3 Boughton, Kerry	91	Kingston TC	2:18.17	6
4 Schomaker, Andrew	92	Glencadia	2:34.17	4

1500 Meter Run Young Men

Name	Year	Team	Finals	Points
1 Aziz, Jonathan	91	03unattached	4:16.64	10
2 Schomaker, Andrew	92	Glencadia	5:31.09	8

110 Meter Hurdles Young Men

Name	Year	Team	Finals	Points
1 Matthews, Nick	92	Kingston TC	17.03	10
2 Schomaker, Andrew	92	Glencadia	18.51	8
3 Mills, Brandon	90	Country Mill	19.74	6

400 Meter Hurdles Young Men

Name	Year	Team	Finals	Points
1 D'Alberto, Michael	91	Kingston TC	1:00.44	10
2 Matthews, Nick	92	Kingston TC	1:00.47	8

4x400 Meter Relay Young Men

Team	Finals	Points
1 Kingston TC 'A'	4:06.80	10
1) Matthews, Nick 92	2) D'Alberto, Michael 91	
3) Gallagher, Steve 92	4) Hite, Aidan 92	

High Jump Young Men

Name	Year	Team	Finals	Points
1 Strait, Mathieu	90	03unattached	1.75m	5-08.75 10
2 Schomaker, Andrew	92	Glencadia	1.50m	4-11.00 8

Pole Vault Young Men

Name	Year	Team	Finals	Points
1 Derocher, Tim	92	Hmrrc	3.55m	11-07.75 10
-- Mills, Brandon	90	Country Mill	NH	

Long Jump Young Men

Name	Year	Team	Finals		Points
1 Holzhauser, Timothy	91	Country Mill	6.51m	21-04.25	10
2 O'Farrill, Pedro	92	Kingston TC	5.85m	19-02.50	8
3 Strait, Mathieu	90	03unattached	5.75m	18-10.50	6
4 Matthews, Nick	92	Kingston TC	5.28m	17-04.00	4
5 Thomas, Tracy	91	03unattached	5.10m	16-08.75	2
6 Beck, Andrew	92	03unattached	4.55m	14-11.25	1

Triple Jump Young Men

Name	Year	Team	Finals		Points
1 Strait, Mathieu	90	03unattached	11.58m	38-00.00	10

Shot Put 12 lb. Young Men

Name	Year	Team	Finals		Points
1 Rudd, John	90	03unattached	15.71m	51-06.50	10
2 Luzinas, Zak	92	Averill Park	14.17m	46-06.00	8
3 Berberich, Ethan	91	Country Mill	12.34m	40-06.00	6

Discus Throw 1.6kg Young Men

Name	Year	Team	Finals		Points
1 Rudd, John	90	03unattached	42.40m	139-01	10
2 Berberich, Ethan	91	Country Mill	38.18m	125-03	8
3 Luzinas, Zak	92	Averill Park	37.88m	124-03	6
4 Schomaker, Andrew	92	Glencadia	26.40m	86-07	4

Javelin Throw 800g Young Men

Name	Year	Team	Finals		Points
1 Berberich, Ethan	91	Country Mill	36.59m	120-00	10
2 Mills, Brandon	90	Country Mill	29.03m	95-03	8

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