

2007 USATF Adirondack Assoc. JO XC Champions - 11/4/2007

Queensbury, NY

Results

Girls 2000 Meter Run CC Sub-Bantam

Name	Year Team	Seed	Finals	Points
1 Garso, Jacquelyn	99 Lake Placid A,Lake		9:56.79	1
2 Fogarty, Aurelle	99 Lake Placid A,Saran		9:57.24	2
3 Buckley, Lily	99 Averill Park,Averil		10:57.20	
4 Costanza, Martina	99 Lake Placid A,Saran		11:13.05	3
5 Glinski, Iris	99 Lake Placid A,Saran		11:31.01	4
6 Schaefer, Kristen	99 Averill Park,West S		11:33.63	
7 Hartman, Hayden	00 Lake Placid A,Saran		11:45.50	5

Girls 3k Run CC Bantam

Name	Year Team	Seed	Finals	Points
1 Scott, Kaylee	97 Averill Park A,Cast		12:11.97	1
2 Shoemaker, Hannah	98 Averill Park A,Poes		12:31.96	2
3 Foley, Shea Coleman	97 Delmar A,Slingerlan		13:03.84	3
4 Constantine, Sophia	97 Adir. unattached		13:26.07	
5 Moro, Emily	97 Adir. unattached,Cl		13:56.52	
6 Walsh, Gwendolyn	97 Delmar A,Delmar, NY		14:50.77	4
7 Jerkowski, Michaela	97 Onteora,Tillson, NY		15:02.39	
8 Quackenbush, Emily	98 Delmar A,Slingerlan		15:19.83	5
9 Slyer, Caroline	98 Averill Park A,Aver		15:36.78	6
10 Machabee, Hollister	98 Delmar A,Delmar, NY		15:43.57	7
11 Hrabovsky, Julia	97 Lake Placid,Tupper		15:55.57	
12 DiCesare, Islay	98 Adir. unattached,Co		16:12.03	
13 Decker, Cecily	98 Lake Placid,Saranac		16:38.11	
14 Ball, Maggie	99 Delmar A,Glenmont,		16:38.62	8
15 McInerney, Kristin	98 Averill Park A,Cast		16:57.01	9
16 Persons, Erin	98 Averill Park A,Nass		17:08.59	10
17 Decker, Sheila	97 Lake Placid,Saranac		20:13.26	
18 Woodruff, Allycia	97 Lake Placid,Saranac		21:59.21	

Girls 3k Run CC Midget

Name	Year Team	Seed	Finals	Points
1 Beideck, Elena	95 Lake Placid A,Saran		11:46.61	1
2 Hollinger, Emily	95 Averill Park A,Aver		12:00.37	2
3 Lavender, Kayleigh	95 Adir. unattached		12:41.08	

4	Kellogg, Megan	96	Adir. unattached,Qu	12:53.88	
5	Slyer, Julia	96	Averill Park A,Aver	12:56.15	3
6	Libruk, Laura	95	Shaker Track,Waterv	12:57.47	
7	Planz, Carla	95	Voorheesville,Voorh	13:31.99	
8	Riordan, Hannah	95	Averill Park A,Nass	13:33.24	4
9	deVries, Mary	96	Bethlehem,Delmar, N	14:05.35	
10	Feinberg, Hannah	95	Lake Placid A,Saran	14:20.99	5
11	Sapp, Maile	95	Lake Placid A,Morri	14:26.88	6
12	Regan, Megan	96	Averill Park A,Aver	15:06.99	7
13	Persons, Megan	96	Averill Park A,Nass	16:06.48	8
14	Woodruff, Kaileigh	95	Lake Placid A,Saran	16:16.97	9
15	Beaudette, Rebecca	96	Averill Park A,West	16:21.45	10
16	Patenaude, Victoria	95	Lake Placid A,Lake	16:21.98	11
17	O'Leary, Gretchen	95	Lake Placid A,Tuppe	16:22.44	12
18	Izzo, Anna	96	Lake Placid A,Lake	16:34.16	13
19	Buck, Katrina	95	Lake Placid A,Saran	20:07.43	14

Girls 4k Run CC Youth

Name	Year	Team	Seed	Finals	Points
1	Pickett, Anna	93	Bethlehem A,Schenec	15:31.35	1
2	Camardo, Kelly	94	Bethlehem A,Altamon	15:35.94	2
3	Mossop, Erin	93	Bethlehem A,Schenec	15:50.59	3
4	Cure, Lea	94	Bethlehem A,Altamon	16:04.66	4
5	Kriwox, Emily	93	Adir. unattached,Tu	16:21.29	
6	Luke, Amy	93	Bethlehem A,Delmar,	16:44.17	5
7	McMillan, Sydney	94	Bethlehem A,Slinger	16:57.54	6
8	Sheehan, Meghan	93	Bethlehem A,Schenec	17:10.15	7
9	Baker, Emily	94	Adir. unattached	17:10.80	
10	Bogdan, Opal Jessica	94	Adir. unattached	17:11.92	
11	Rowan, Sarah	94	Bethlehem A,Delmar,	17:45.19	8
12	Valentine, Diane	93	Adir. unattached,Es	18:10.29	
13	DePalma, Sarah	94	Adir. unattached	19:03.98	
14	Benincasa, Alyssa	94	Onteora,Tillson, NY	19:08.13	
15	Oberding, Michelle	94	Lake Placid,Saranac	19:29.35	
16	Kent, Julia	94	Onteora,Red Hook, N	19:42.45	
17	Hafner, Brianna	93	Onteora,Cottekill,	19:49.73	
18	Bousa, Alesia	94	Adir. unattached	20:01.91	
19	McConnel, Anna	94	Adir. unattached	22:09.59	

Girls 5k Run CC Intermediate

Name	Year	Team	Seed	Finals	Points
1	Izzo, Elizabeth	92	Lake Placid,Lake Pl	21:00.49	
2	Chardavoyne, Paige	92	Delmar Track,Glenmo	26:04.11	

Women 5k Run CC Young

Name	Year Team	Seed	Finals	Points
1 deAprix, Kelly	89 Troy Trail,Scotia,		22:29.29	

Boys 2000 Meter Run CC Sub-Bantam

Name	Year Team	Seed	Finals	Points
1 Feinberg, Palmer	99 Lake Placid,Saranac		9:39.32	
2 Wood, Ethan	99 Lake Placid,Saranac		9:52.67	
3 Riordan, Matthew	99 Averill Park,Nassau		11:54.41	

Boys 3k Run CC Bantam

Name	Year Team	Seed	Finals	Points
1 Gillich, Robert	97 Clifton Park,Clifto		11:58.75	
2 Hafner, Joseph	97 Onterora A,Cottekil		13:34.95	1
3 Coughlin, Dermot	98 Adir. unattached,Ca		13:51.39	
4 Hartman, Bryce	98 Lake Placid,Sasrana		14:03.02	
5 Sapp, Everett	99 Lake Placid,Morriso		14:10.66	
6 Gibney, Sam	97 Delmar Track,Selkir		14:11.16	
7 Harrington, Sean	98 Averill Park,Averil		14:39.68	
8 Ledger, Forest	98 Lake Placid,Lake Pl		15:44.39	
9 Schindler, Spencer	97 Onterora A,Hurley,		15:58.30	2
10 Jerkowski, Brendan	98 Onterora A,Tillson,		16:29.51	3
11 Finkbeiner, Daniel	97 Onterora A,Stone Ri		16:48.30	4
12 Ferlito, Jack	99 Averill Park A,Wyna		17:21.67	
13 Finkbeiner, Frank	97 Onterora A,Stone Ri		19:10.34	5

Boys 3k Run CC Midget

Name	Year Team	Seed	Finals	Points
1 Mellon, Caleb	95 Adir. Athl. Club,Lo		10:55.82	
2 Johnson, Jordan	95 Adir. unattached		11:29.84	
3 Wightman, Ross	95 Adir. unattached		11:44.20	
4 Mulson, Ryan	96 Adir. unattached,Al		11:46.06	
5 Di Cesare, Jonathan	96 Adir. unattached,Co		11:48.52	
6 Booker, Stephen	96 Bethlehem,Delmar, N		11:59.16	
7 Reilly, Thane	95 Averill Park A,Wyna		12:05.06	
8 Foster, Cody	95 Adir. unattached		12:06.93	
9 Becker, Joseph	95 Voorheesville,Voorh		12:28.56	
10 Coughlin, Niall	96 Adir. unattached,Ca		12:35.78	
11 Duprey, Alexander	96 Adir. unattached,Ch		12:51.50	
12 Machabee, Keith	96 Delmar Track,Delmar		12:58.28	
13 Stanley, Michael	96 Averill Park A,East		12:59.98	
14 Benzing, Samuel	95 Adir. unattached,Gr		13:27.15	

15 Quackenbush, Thomas	96 Bethlehem,Slingerla	13:38.89
16 McCartan, Billy	95 Bethlehem	13:40.87
17 Harrington, Ryan	96 Averill Park A,Wyna	13:56.90
18 Kissinger, Jack	96 Bethlehem,Delmar, N	14:14.21
19 Cranfield, River	95 Onteora,Hurley, NY	14:18.54
20 Rivenburg, Donald	95 Voorheesville,Voorh	15:34.98
21 Carter, Ben	95 Averill Park A,Troy	18:34.19

Boys 4k Run CC Youth

Name	Year Team	Seed	Finals	Points
1 Cowan, Sam	93 Lake Placid,Lake Pl		14:13.97	
2 Kiley-Bergen, Peter	93 Adir. unattached		14:30.88	
3 Izzo, Joseph	94 Lake Placid,Lake Pl		14:40.62	
4 Anderson, Samuel	94 Adir. unattached,Br		14:41.70	
5 DeLago, Christian	93 Adir. unattached,Me		15:02.05	
6 Shaw, Christopher	93 Delmar Track,Delmar		15:02.48	
7 Gullickson, Gavin	93 Onteora,Kingston, N		15:13.39	
8 Treadgold, Quinn	93 Voorheesville,Altam		15:23.00	
9 Connolly, Kevin	94 Voorheesville,Sling		15:46.71	
10 Treadgold, Evan	93 Voorheesville,Altam		16:47.99	
11 O'Conner, Kevin	94 Adir. unattached		17:51.99	
12 Finkbeiner, Guy	93 Onteora,Stone Ridge		17:55.59	
13 Medeiros, Austin	94 Adir. unattached,Sa		19:04.53	
14 Bader, Brenton	94 Onteora,Cottekill,		19:10.44	
15 Robinson, Austin	93 Averill Park,Troy,		23:33.84	

Boys 5k Run CC Intermediate

Name	Year Team	Seed	Finals	Points
1 Hollinger, Robert	92 Averill Park,Averil		17:58.81	
2 Benincasa, Ryan	91 Onterora A,Tillson,		18:17.33	1
3 Delaney, Colin	91 Lake Placid,Lake Pl		18:22.63	
4 Terpening, Joseph	91 Onterora A		18:53.35	2
5 McConnell, Trevor	92 Adir. unattached		19:03.14	
6 Yalamas, Michael	92 Onterora A,Hurley,		19:11.10	3
7 Paton, Brandon	92 Onterora A,Hurley,		19:28.04	4
8 Coughlin, Eamonn	92 Adir. unattached,Ca		19:47.10	
9 Kent, Trevor	92 Onterora A,Red Hook		20:05.32	5
10 Schindler, Ryan	92 Onterora A,Hurley,		20:30.97	6
11 Pierson, Eric	92 Delmar Track,Glenmo		22:20.70	